

## **Club 55 Senior Center**

By Carol Burrows Club 55 Senior Center Correspondent

Happy Thanksgiving to all! Wishing you precious time with families and friends and an opportunity to reflect on the blessings in your life. It continues to be a stressful world and sometimes we search to find the good things in our lives...but they are there. Take time to be thankful for the small things.

Something new has been added to the December Bingos scheduled for Wednesdays the 1<sup>st</sup> and 15<sup>th</sup> in the gym at RLAC from 1-2:30. Search your house for an item you can wrap in a Christmas package that may be trash or treasure. It can be something that you received and are going to re-gift, it may be that ugly Christmas sweater that you wore last year, or something that you just want to find a home for as long as it is out of your house! Wrap it up like Christmas gift and bring it to add to the stash of bingo prizes for the day. It will add to the surprise as well as to the fun for the day when you unwrap it for all to see. Our bingo games are free and open to all for a fun afternoon. We supply the bingo cards and chips, or you can bring your own chips or dabbers.

We have so many materials for making craft projects and greeting cards that we welcome folks to just drop in if they are feeling creative. Bring a neighbor or friend and enjoy being with others. You can stop in during the hours that Club 55 is open (10-3 M-Th) to just enjoy coffee and a visit or to use the fitness equipment. More people are taking advantage of using the treadmills as winter seems to be moving in. The Mill Pond has had a 'skin of ice' on these cold quiet mornings.

There are always new puzzles being added to our stash. It is the perfect way to spend some time as the weather makes us spend more time indoors. Puzzles are a good workout for our brains. We like to put ours on a foam white board as we put it together, so it is easily moved off the table if we need the room. It is light weight and keeps the pieces where they need to be. Come in and see if you can find one to try.

Plan now to attend the 2021 Holiday Tour of Homes on Saturday, December 4, presented by the Rock Lake Activity Center and Re/Max Shine. There are a variety of four homes that were selected for this year's TOH and will be open from 11am-

3pm. This is a fun way to spend part of your day, get new decorating ideas, and help support RLAC. Tickets are \$15 and may be purchased at The Rock Lake Activity Center, Lewis Station Winery, The Lake Mills Market, and online at [rocklakeac.org](http://rocklakeac.org). Part of the proceeds will go to support the Tammy Hafenstein Scholarship Fund.

This year's homes include The Lahna Anhalt Home at 238 Oak Street, Kristin and Nester Silva Home at 529 College Street, Lynne and Jim Wegman Home at N6232 Korth Highland Road, Susie and Todd Jahns Home at 235 Pinnacle. Thank you to these homeowners for allowing RLAC to showcase their home.

The Bia menu for December 1 is Chicken/Broccoli/Almond/Rice Casserole, Salad and dessert.

Your order must be in by Friday, November 26. This is the day after Thanksgiving so don't be fooled by a still-full stomach. Get your order in so you have a great meal the following Wednesday when the turkey is gone. Meals are \$10.55 each which includes tax and are ready for pick up from 2:30-3:00 on Wednesday at Club 55 to be reheated at home.

Our presentation on how to protect and prevent identity theft by Jeff Kersten, the Agency Liaison for the Wisconsin Bureau of Consumer Protection, was well attended and full of good information. He included information about Fraud Alerts and Security Freezes. He also talked about the many scams that are floating around and how to spot their red flags.

We had a call at Club 55 this morning with questions about Medicare's Open Enrollment. It can be a very confusing time with lots of questions on best plans suited for you. The ADRC (Aging and Disability Resource Center) in Jefferson is the best source of answers as they keep up to date with the year to year changes that Medicare makes. It is a free resource for those of us that want to make sure that we get the correct answer. The phone number there is 920-674-8734. Call and make an appointment. You can also email [adrc@jeffersoncountywi.gov](mailto:adrc@jeffersoncountywi.gov)